

ST MORITZ

explore, relax

and unwind...



| ENJOY YOUR PERFECT ESCAPE

WELCOME TO ST MORITZ

Welcome to the St Moritz, this information pack includes all the important information on your stay with us as well as a compilation of recommended partners, restaurants and any other information we think you will find useful!

Please read the important information fully especially if you have stayed with us before as information and timings can change seasonally.

We hope you have a wonderful stay, should you need anything during your time with us please call the reception on 0 or the guest host on 4014 from your room telephone, or call 01208 862242 from outside the property.

ARRIVAL AND DEPARTURE

We look forward to welcoming you from 4pm on the day of your stay. If you wish to arrive earlier please contact the reception to discuss an early arrival option.

When departing St Moritz, we ask that you return your keys and towel card to the reception for check out at 10am.

LEISURE FACILITIES

The **Indoor Pool** is open 07:00 – 19:00 daily.

Adult only swim time is from 07:00 - 08:00 & 18:00 - 19:00

Guests must sign in at the reception desk before entering the pool area and show proof of accommodation e.g. a room /villa /apartment key.

Leisure towels are provided to hotel and apartment guests only. Hand in your towel card at the outdoor pool or reception and receive your towel for the day.

The **Outdoor Pool** opens on 31st March
Open from 10:30 - 17:00

The Gym is open from 07:00 - 21:00

The **Tennis Court** must be booked at the reception desk or via the link

Tennis Court Booking

MINI MORITZ

Our **Mini Moritz activity programme** is run by the leisure team throughout the school holidays, this includes supervised activities, games and movie nights.

The **kids room** is an unsupervised space open from 9am to 7pm filled with games and activities.

To view our activity schedule please contact Zoe, our guest host or via the link

Mini Moritz Schedule

COWSHED SPA

Our Cowshed Spa is open Monday - Sunday 09:00-18:30

The spa reception can be contacted on 01208 869800

The treatment list can be viewed via the link **Cowshed Spa Treatment List**

DINING

The **Shorecrest Restaurant** is during the following hours -

Breakfast 08:00 - 10:30

Evening menu 17:00 - 20:30

Bookings are essential for dinner in our Shorecrest Restaurant and can be made via the reception by dialing 0 or via the link

Book Shorecrest Restaurant

Our **Seaside Cafe** is open for the summer

Serving drinks from 10:30 - 20:00

Serving food from April 3rd from 11:30 - 20:00

FIRST AID

There will always be a first aider on site - please call reception on 0 to get a hold of one or head into the reception building. Our First Aiders will symptom check individuals before attending minor injuries.

DUTY MANAGEMENT

There will be one on call Duty Manager available to assist with any emergencies and can be contacted via telephone by calling 0 from your in-room telephone and will assist with any issues that may arise.

SMOKING

All hotel accommodation and indoor public areas are non-smoking. There is a £200 charge for anyone smoking in accommodation building or non designated smoking areas. The smoking area is located adjacent to the reception building, beyond the disabled parking spaces.

| RELAX, INDULGE AND UNWIND...

Getting Around

TAXIS

Booking taxis in advance is highly recommended - the reception team are more than happy to help with this and have an extended list of local companies

Cornwall Car Hire: 07724 114253

Pityme Taxis: 07792 633150

Mark's Taxis: 07976 968011

Parnells (Train Station): 01208 75000

Coastline Travel (Airport): 01637860006

Tell's Taxis: 07824877237

MJ Taxis: 07915169902

Port Isaac Shuttle : 07866223786

The Camel Buggy (seasonal) : 07946651682

BUS

The nearest bus stop is at the end of the drive.

The timetable is on the bus stop and changes from

summer to winter. The routes are:

584 to Camelford via Polzeath and Port Isaac

584 to Wadebridge

AIR

Newquay Airport – 01637 860 600

RAIL

National Rail Enquiry: 01208 73555

The nearest station for all mainline services is at Bodmin Parkway which is approximately 15 miles away.

FERRY PADSTOW TO ROCK

The Passenger Ferry runs from Rock to Padstow throughout the year.

		From Padstow	From Rock
First Ferry		8:00AM	
Last Ferry	Nov 1st - Mar 31st	05:00PM	04:45PM
	Apr 1st - May 31st	06:00PM	05:45PM
	Jun 1st - Mid Jul	07:00PM	06:45PM
	Mid Jul - Sep 5th	08:00PM	07:45PM
	Sep 6th - Mid Sep	07:00PM	06:45PM
	Mid Sep - Oct 31st	06:00PM	05:45PM

ADULT RETURN £3.00 CHILD RETURN £2.00 BIKE £3.50

WATER TAXI (EVENINGS)

Starts at 18.30 in the Spring, Summer and Autumn months

Crosses every 10-15 minutes

One - way tickets Adult £6 Child £5

Return tickets Adult £9 Child £6

For all enquiries during operating hours please call the water taxi direct on 07778 105297.

Stores & Supermarkets

The Rock Bakery | Rock

Fantastic selection of fresh food.

From pasties to salads, fresh rolls to cakes – you won't be disappointed!

Tesco | Wadebridge

Nearest large supermarket.

Spar | Polzeath & Rock

Groceries, off-licence and hot & cold food outlet.

Polzeath Spar Timings:

Mon - Sun : 7.30 - 19.00

Rock Spar Timings:

Mon - Sat: 8.00 - 18.00

Sun: 9.00 - 13.00

Post Offices

Polzeath 01208 863430

Rock 01208 863079

Wadebridge 01208 812813

Garages

Clock Garage, Rock 01208 863306

Wadebridge 01208 89300

Local Babysitters

Minimum of 3 hours.

Direct bookings only.

Emma: 07977 686327

Sophie: 07553279039

Caroline: 07876 691149

Charlotte: 07435 566955

Sam: 07954325323

Sharron: 07807882753

USEFUL NUMBERS

Port Isaac Surgery : 01208 880222

Wadebridge Surgery : 01208 812222

No. 65 The Dental Surgery, Wadebridge : 01208 812711

Bodmin Hospital (minor injuries) : 01208 251300

Treliske Hospital, Truro (A&E) : 01872 250000

Places to Visit

POLZEATH (0.9m)

Hosts a fantastic beach, village and a renowned surfing destination.

WADEBRIDGE (6.9m)

North Cornwall's main market town and gateway to the Camel trail.

PORT ISAAC (7.7m)

Small picturesque fishing village with lots of history, windy streets and also the backdrop to the TV production 'Doc Martin'.

PADSTOW (14.6m)

Bustling, popular fishing port with plenty of shops, cafes and restaurants.

BOSCASTLE (16.8m)

Unspoilt harbour village, the National Trust own and care for the beautiful medieval harbour and surrounding coastline.

TINTAGEL (13.9m)

The castle, set high on the rugged cliffs, offers dramatic views, and its fascinating ruins and stunning beach cafe make it a perfect day trip.

TRURO (31.5m)

A bustling cathedral city for all seasons and for all interests with plenty of shops to be found along the beautiful Georgian streets.

The list goes on... find the Guest Host in reception for more information on where to go & what to do there!

OUR RECCOMENDED LOCAL PARTNERS

WAVEHUNTERS | 07969 660014

Surfing, boat trips, beach fun and more

Book through reception to recieve our exclusive 10% off hotel discount

PADSTOW SEA LIFE SAFARIS | 07754 822404

Boat trips, sea safaris, trips to the Scilly Isles and more

Book through reception to recieve our exclusive 10% off hotel discount

PADSTOW LOBSTER HATCHERY | 01841 533877

Immersive and educational experience looking into the life of a lobster

Book at the hatchery and recieve our exclusive 20% off hotel discount - MORITZ2023

RICK STEIN COOKERY SCHOOL | 01841 532700

Immersive experince learning how to cook famous Rick Stein Dishes, a variety of courses are available

Book through reception to recieve our exclusive 10% off hotel discount

GEORGE'S SURF SCHOOL | 01208 479006

Private surfing lessons on Polzeath beach

Direct Bookings Only

CAMEL SKI SCHOOL | 01208 862727

Waterskiing, wakeboarding, paddleboarding and more

Direct Bookings Only

CAMEL SAILING CENTRE | 01208 862881

Sailing lessons, kids camps, powerboat qualifications and more

Direct Bookings Only

BRIDGE BIKE HIRE | 01208 813050

E-bike and regular bike hire from Wadebridge

Book through reception

PADSTOW CYCLE HIRE | 01841 533533

E-bike and bike hire from Padstow

Book through reception

THE POINT AT POLZEATH | 01208 863000

Golf Course

Direct Bookings Only

Beaches and Bays

GREENAWAY BEACH (0.1m)

Perfect for rock pooling. Head down the path from the hotel towards the sea and the beach can be found at the foot of the hill.

DAYMER BAY (0.6m)

Follow the coastal path from the hotel to this deep sandy cove on the estuary. Good parking, WC, and seasonal cafe.

ROCK (1.7m)

A long stretch of sandy beach which is within walking distance of the hotel. Also catch the ferry to Padstow from here!

POLZEATH (0.9m)

From the hotel walk the coastal path to this sandy surfing beach. Lots of activities! Parking, WC, RNLI, cafes.

LUNDY BAY (2.5m)

Park at the National Trust carpark & stroll to this hidden gem. A slight scramble over rocks to get onto the beach, but worth it!

HAWKER'S COVE & HARBOUR COVE (3.5 m by ferry & foot)

Wide sandy beach great for a walk from Padstow. Old lifeboat slipway and a small hamlet.

PORT QUIN (4m)

Once a thriving fishing village, this historical cove & hamlet is now owned by the National Trust.

PORT GAVERNE (8m)

Limited parking, but easily Cornwall's quaintest cove. Excellent for rock pooling.

TREBARWITH STRAND (13m)

Some rocks to negotiate on route to the sandy beach. Stunning location, often used for filming. Eateries & a couple of shops.

Great Local Activities

Surfing, bodyboarding, beach fun

Wavehunters, Polzeath 07969660014

Golf

St Enodoc, Rock 01208 863216

The Point at Polzeath 01208 863000

Fishing Trips

'Optimus Prime' Rock 01208 863343

Leisure & Speed Boat Trips

Padstow Sea Life Safaris 07754 822404

Wavehunters 07969 660014

Water Skiing/Wakeboarding

Camel Ski, Rock 01208 862727

Sailing / Powerboating

Camel Sailing 01208 862881

Horseriding

Hallagen Riding Stables (Bodmin) 01208 851500

Cycling

Camel Trail Cycle Hire (Wadebridge) 01208 814104

Bridge Bike Hire (Wadebride) 01208 813050

Padstow Cycle Hire (Padstow) 01841 533533

Go Karting

St Eval Kart Circuit 01637 838296

Vineyard Tour

Camel Valley Vineyard 01208 77959

Hot Air Ballooning

Aerosaurus, Launceston 01732 690993

Cinema

Wadebridge 01208 812791

www.wtwcinemas.co.uk

Bodmin 01208 223790

www.merlincinema.co.uk

Cornwall's Attractions

CAMEL TRAIL (2M)

Available 365 days a year, the Camel Trail explores the beautiful and little known areas of Cornish countryside along a converted disused railway line. Ideal for a cycle ride!

CAMEL CREEK ADVENTURE PARK (12.8M)

Wild rides, super slides, ball pools, mazes and exciting adventures, while getting nose to nose with nature and animals.

BODMIN AND WENFORD RAILWAY (13.9M)

Discover the excitement and nostalgia of steam travel with a full size railway still operated by steam locomotives.

LAPPA VALLEY STEAM RAILWAY (19M)

Three separate miniature railways running through Lappa Valley, an area of conservation where wildlife thrives in a protected environment.

EDEN PROJECT (21.3M)

A rich, global garden where people can learn about nature and get inspiration about the world around them.

NEWQUAY ZOO (23.4M)

Penguins, creepy crawlies, big cats and much more. Animal encounters, kids activities and exciting keeper talks.

BLUE REEF AQUARIUM (23.4M)

One of the UK's leading aquariums providing education with regular talks and feeding displays.

DAIRYLAND FARM WORLD (24.2M)

A great day out come rain or shine! The Bull Pen – a huge indoor play centre for children to enjoy, plus many outdoor activities including nature trails for fair weather days.

Where to Eat

SHORECREST RESTAURANT | St Moritz Hotel
(Book through website or reception)

A delicious bar menu served throughout the day and a fabulous daily changing menu in the evening with a refreshing mix of locally sourced food

01208 862242

SEA SIDE | St Moritz Hotel (Seasonal)

With stunning vistas across the Atlantic, the Sea Side seasonal restaurant makes the most of the views

01208 862242

MOWHAY CAFE | Trebetherick

Quality local produce, snacks and meals

01208 863660

CRACKING CRAB | Polzeath

Local Seafood

01208 862333

OYSTERCATCHER | Polzeath

Surfy pub with sea view & freshly cooked food

01208 862371

WATERFRONT | Polzeath

Seafood, platters & tapas. Great terrace for admiring the view

01208 869655

SURFSIDE | Polzeath

Situated on the beach serving classic Cornish dishes

01752 875971

ATLANTIC | New Polzeath

Large sharing pizzas, pasta and seafood with an incredible view

01208 222726

THE DINING ROOM | Rock

Fine dining with a friendly atmosphere

01208 862622

THE MARINERS | Rock

Paul Ainsworth local produce pub

01841 332093

ROCK FISH AND CHIPS | Rock

Fresh Fish and Chips with a selection of local shellfish and line caught fish

ROJANOS IN THE SQUARE | Padstow

A very popular Italian inspired family restaurant in the heart of Padstow

01841 532796

RICK STEIN | Padstow

Seafood Restaurant and St Petros Bistro

01841 532700

NO.6 | Padstow

(Paul Ainsworth) | Michelin star fine dining, Cornish influence

01841 532093

